

The Training and Development Centre

What we do

The Training and Development Centre offers a range of classes, workshops, and activities to people in recovery from addiction. There is a rolling timetable and, once enrolled, a student can sign up to:

- Art
- Woodwork
- Creative Writing
- Gardening
- Digital Skills
- Literacy
- Physical Exercise
- Reading Group

We expect people to commit to at least 8 weeks of their chosen class and to let us know if they can't make it.

Alongside the timetable of classes, people attending the Training and Development Centre can access support from the Progression Worker through 1:1 coaching, workshops, and tailored support to start thinking about what's next.

For people looking for longer term recovery support, Choices is a peer-led recovery support community who meet twice per week on Wednesday and Friday afternoons.

Who we can help

We welcome enrolments or self-enrolments from people who:

- Are in active recovery from drug and alcohol misuse
- Are at a stage in their recovery where they can commit to regular classes
- Are able to engage and participate in group settings
- Are looking to fill their time with positive activities to support their recovery
- Are over 18 years old
- Are housed in stable accommodation but living in any London borough

How to enrol

To enrol at our Training and Development Centre, please head to the referrals section of our website and download an enrolment form. Please download, fill out, and return to referrals@sct.org.uk.

To sign up for Choices, please head to the long-term recovery section of our website and download a choices sign up form. When it has been filled out, please send to referrals@sct.org.uk.

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